

HEALTH AND WELLBEING BOARD - 25th November 2015

Title of paper:	Teenage Pregnancy in Nottingham	
Director(s)/ Corporate Director(s):	Alison Michalska, Corporate Director for Children & Adults, Nottingham City Council Alison Challenger, Director of Public Health (Interim), Nottingham City Council	Wards affected: All
Report author(s) and contact details:	Lynne McNiven, Consultant in Public Health, Nottingham City Council lynne.mcniven@nottinghamcity.gov.uk Marie Cann-Livingstone, Teenage Pregnancy and Early Intervention Specialist, Nottingham City Council marie.cann-livingstone@nottinghamcity.gov.uk	
Other colleagues who have provided input:		
Date of consultation with Portfolio Holder(s) (if relevant)	November 2015	
Relevant Council Plan Strategic Priority:		
Cutting unemployment by a quarter		
Cut crime and anti-social behaviour		
Ensure more school leavers get a job, training or further education than any other City	X	
Your neighbourhood as clean as the City Centre		
Help keep your energy bills down		
Good access to public transport		
Nottingham has a good mix of housing		
Nottingham is a good place to do business, invest and create jobs		
Nottingham offers a wide range of leisure activities, parks and sporting events		
Support early intervention activities		X
Deliver effective, value for money services to our citizens		
Relevant Health and Wellbeing Strategy Priority:		
Healthy Nottingham: Preventing alcohol misuse		
Integrated care: Supporting older people		
Early Intervention: Improving Mental Health		X
Changing culture and systems: Priority Families		X
Summary of issues (including benefits to citizens/service users and contribution to improving health & wellbeing and reducing inequalities):		
<p>Nottingham has made good progress in reducing rates of unplanned teenage pregnancy but, the rate still remains significantly above the England average. Teenage pregnancy is a complex social problem and having children at a young age can adversely influence the health and wellbeing of young women, severely limit their education and career prospects as well as result in poorer outcomes for their children who are significantly more likely to become teenage parents themselves. In Nottingham, efforts to reduce rates of teenage pregnancy and support teenage parents is delivered through a partnership approach conveying the message that reducing unplanned teenage conceptions is everyone's business. Early intervention and primary prevention are integral to the Teenage Pregnancy Plan and are central to our approach to support parents to make positive decisions and ensure the best possible start in life for their children.</p>		

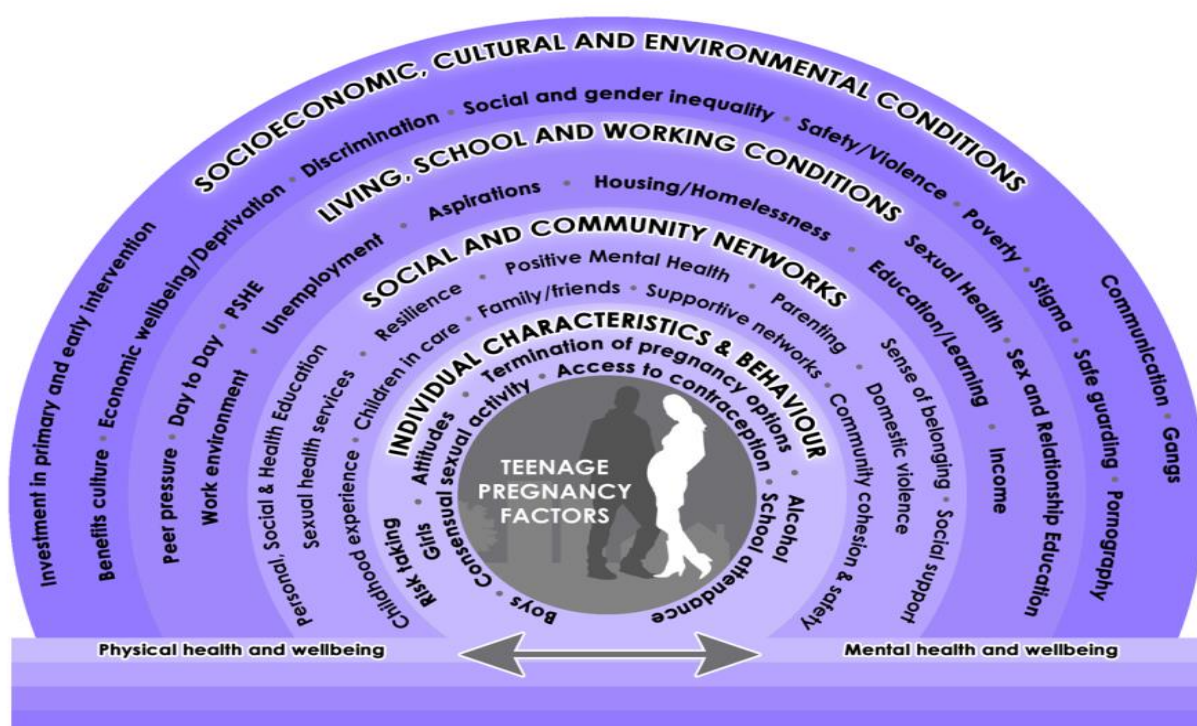
Recommendation(s):	
1	The Health and Wellbeing Board is requested to commit to the Nottingham Plan objective to reduce the rate of teenage pregnancy by a further third through collective leadership.
2	Individual organisations represented on the Health and Wellbeing Board will: <ol style="list-style-type: none"> 1. Support the work of the Teenage Pregnancy Taskforce and receive regular updates from the Taskforce at Health and Wellbeing Board meetings. 2. Explore how their organisations can support the work of the Teenage Pregnancy Taskforce in supporting the TP Plan 2014-16. 3. Commit to support the reduction of unplanned teenage pregnancy and support teenage parents.

1. REASONS FOR RECOMMENDATIONS

The Teenage Pregnancy Taskforce, chaired by Councillor Norris, has been in existence for almost eight years. It is proposed that the Teenage Pregnancy Taskforce has a formal link to the Health and Wellbeing Board, reporting regularly on the Teenage Pregnancy Plan 2014-16 and associated action plan.

2. BACKGROUND (INCLUDING OUTCOMES OF CONSULTATION)

Teenage pregnancy is a complex social problem. Having children at a young age can influence young women's health and well-being, severely limit education and career prospects and result in poorer outcomes for their children; who are significantly more likely to become teenage parents themselves. There are also strong associations between high under-18 conception rates and low educational attainment, low aspirations, poor attendance at school, being in public care, being the daughter of a teenage mother, having mental health problems, having experienced sexual abuse or being involved in crime. Teenage pregnancy is, therefore, a key driver for health inequalities and social exclusion. Achieving the Nottingham Plan target of a reduction of a further third in the teenage pregnancy rate requires a high level, strategic commitment from all members of the Health and Wellbeing Board.



Nationally, the under 18 conception rate is at its lowest level since 1969. In 2013, the England under 18 conception rate was 24.3 per 1000 girls aged 15-17 as compared to 27.7 for 2012; demonstrating a continued downward trend. This equates to approximately 24 000 under 18 conceptions in England during 2013.

There has been good progress made in reducing under 18 conception rates in Nottingham; the 1998 baseline year under 18 conception rate was 74.7 per 1000 girls aged 15-17 and this has more than halved over the subsequent 16 years. For the latest full year of data, 2013, Nottingham's rate was 37.5 as compared to 37.7 during 2012. The latest rolling, in year, provisional data for the 12 months to June 2014 (up to the end of quarter two 2014) shows that the under 18 conception rate was 35.8 per 1000; indicating that Nottingham City has maintained its rate of teenage conceptions compared to the same period in 2013.

The continuation of the reduction in teenage conception rates relies on partnership working and strategic planning. Joint implementation of the Teenage Pregnancy Plan is key to this, in particular developing age appropriate SRE within all Nottingham schools, raising awareness of child sexual exploitation, targeting support to vulnerable groups such as looked after young people and working with emerging populations who may not access services and have different cultural norms such as refugee or migrant populations.

Services in Nottingham

Work to tackle teenage pregnancy is delivered through both universal services for children, young people and families as well as through targeted support to those most at risk.

We have a local commitment to 'You're Welcome' standards and many of our City services work towards this accreditation to ensure that their services are young-people friendly.

Primary Prevention includes:

- Nottingham City's Sexual Health Services for young people deliver accessible and integrated sexual health services within the community, focusing on those that are aged 13-25 and at risk of poor sexual health. Sexual Health Services are delivered by Nottingham University Hospitals Trust and are available in a multitude of locations e.g. schools, health centres, colleges, children's centres etc. and offer advice and support on the full range of contraceptive services, providing condoms through the C-Card scheme, emergency contraception and making referrals as appropriate.
- General Practitioners provide information and contraception including Long Acting Reversible Contraception (LARC).
- Pharmacies across Nottingham provide a range of services including emergency contraception and pregnancy testing.
- The 'Public Health Nursing for school-aged children and young people' service is central to supporting the reduction in teenage pregnancies by providing information and practical support through the delivery of 'Clinic in a Bag'.
- The delivery of effective Sexual and Relationship Education (SRE) is encouraged in all schools as an evidence-based approach to reducing pregnancy rates.
- Family and Community Teams support activities for children, young people and families and are based in Children's Centres. The teams have staff trained to deliver

sexual health, contraceptive and positive relationships advice as well as support to young people and adults aged 13-25.

- Universal and targeted youth provision carries out project work to raise aspirations and promote positive relationships.

Early Intervention includes:

- The Family Nurse Partnership is a licensed, intensive home visiting programme working with teenage parents to improve pregnancy outcomes, child health and development as well as aspirations for parents and their baby. The Family Nurse visits from early pregnancy until the child is two years old developing relationships with the mother, father and family to support and educate on parenting and any issues that concern the young woman. Approximately 40% of pregnant teenagers have a Family Nurse.
- The Teenage Pregnancy Midwifery service is available to support all pregnant under-18s (and for under-19s with additional needs). The majority of these young women will have a Family Nurse Partnership nurse and access the generic maternity service too.
- The generic midwifery and health visiting services support all young parents
- The Education Support Officer (Teenage Pregnancy) co-ordinates and monitors the participation and attainment of all pregnant teenagers and school-age parents, assisting them to overcome barriers to accessing education and prevent social exclusion.

Conclusion

The continual reduction of teenage pregnancy rates is not easy to achieve and the evidence clearly shows that any one organisation on its own will not have sufficient impact to guarantee a year-on-year reduction. The examples of current services and strategic drivers within this paper illustrate that plans and actions should be developed and delivered in partnership in order to improve outcomes for all young people.

3. OTHER OPTIONS CONSIDERED IN MAKING RECOMMENDATIONS

None to report.

4. FINANCE COMMENTS (INCLUDING IMPLICATIONS AND VALUE FOR MONEY/VAT)

None to report.

5. LEGAL AND PROCUREMENT COMMENTS (INCLUDING RISK MANAGEMENT ISSUES, AND LEGAL CRIME AND DISORDER ACT AND PROCUREMENT IMPLICATIONS)

None to report.

6. EQUALITY IMPACT ASSESSMENT

Not needed.

7. LIST OF BACKGROUND PAPERS OTHER THAN PUBLISHED WORKS OR THOSE DISCLOSING CONFIDENTIAL OR EXEMPT INFORMATION

None

8. PUBLISHED DOCUMENTS REFERRED TO IN COMPILING THIS REPORT

Nottingham Teenage Pregnancy Plan 2014-16 [Teenage Pregnancy Plan 2014 - 2016](#)

A Framework for Sexual Health Improvement in England *Department of Health* 15 March 2013
<https://www.gov.uk/government/publications/a-framework-for-sexual-health-improvement-in-england>

Tackling teenage pregnancy: Local government's new public health role *Local Government Association*
March 2013
http://www.local.gov.uk/web/guest/publications//journal_content/56/10171/3964823/PUBLICATION-TEMPLATE

Public Health Outcomes Framework for England 2013-16 *Department of Health* January 2012
<https://www.gov.uk/government/publications/healthy-lives-healthy-people-improving-outcomes-and-supporting-transparency>

Conception statistics England and Wales 2013

[Conception Statistics, England and Wales, 2013 - ONS](#)

Quarterly conceptions to women aged under-18, England and Wales Q2 2013

[Quarterly Conceptions to Women Aged Under 18, England and Wales, Quarter 2 April to June 2014 - ONS](#)